

Strathmore Aquatic Centre

June 26 - July 2, 2017

*Means the pool is shared with another activity

| | <u>Public Swim</u> (All Pools) | <u>Family Swim</u> (All Pools) | <u>Kiddy Pool Only</u> Family / Public | <u>Lane Swim</u> | <u>Aquasize /</u> <u>Deep Water</u> <u>Running</u> | <u>Registered Programs</u> | <u>Lessons / Rentals</u> | <u>Silver Sharks /</u> <u>Water Polo</u> | <u>Hot Tub</u> <u>Hours</u> |
|---|---|-----------------------------------|--|---|--|----------------------------|---|---|-------------------------------------|
| <u>Monday</u> <u>26th</u> | 2:45 - 7:30 pm* 7:30 - 8:30 pm* (deep end of lap pool only) 8:30 - 10:00 pm* | | <u>Public Swim</u> 7:30 - 10:00 am 12:00 - 1:30 pm | 5:45 - 9:00 am 12:00 - 1:30 pm 1 Lane 2:45 - 5:00pm 2 Lanes 5:00 - 7:30 pm 8:30 - 10:00 pm | <u>Aquasize</u> 9:00 - 10:00 am 7:30 - 8:30 pm* | | <u>School Rentals</u> 10:00am-12:00pm 1:30 - 2:45 pm | <u>Silver Sharks</u> 1 Lane 5:00 - 6:30 pm* | 6:00 am - 10:00 pm |
| <u>Tuesday</u> <u>27th</u> | 3:00 - 10:00 pm* | | <u>Public Swim</u> 7:30 - 10:00 am 12:00 - 1:00 pm | 5:45 - 10:00 am 12:00 - 1:00 pm 1 Lane 3:00 - 7:00 pm 2 Lanes 9:00 - 10:00 pm | | | <u>School Rentals</u> 10:00 am - 12:00pm 1:00 - 3:00 pm <u>Town Lessons</u> 4:00 - 7:00 pm* | | 6:00 am - 10:00 pm |
| <u>Wednesday</u> <u>28th</u> | 11:00am-12:00pm* 2:45 - 7:30 pm* 7:30 - 8:30 pm* (deep end of lap pool only) 8:30 - 10:00 pm* | | <u>Public Swim</u> 7:30 - 10:00 am 12:00 - 1:30 pm | 5:45 - 9:00 am 12:00 - 1:30 pm 1 Lane 11:00 am -12:00 pm 2:45 - 5:00 pm 2 Lanes 5:00 - 7:30 pm 8:30 - 10:00 pm | <u>Aquasize</u> 9:00 - 10:00 am 7:30 - 8:30 pm* | | <u>School Rentals</u> 10:00-11:00am 1:30 - 2:45 pm | <u>Silver Sharks</u> 1 Lane 5:00 - 6:30 pm* | 6:00am - 10:00 pm |
| <u>Thursday</u> <u>29th</u> | 2:00 - 3:00 pm* 4:00 - 7:00 pm* Toonie Swim 7 - 8 pm ONLY 8:00 - 9:00 pm* (Shallow end of Lap Pool only) 9:00 - 10:00 pm* | | <u>Public Swim</u> 7:30 - 9:00 am 12:00 - 1:00 pm | 5:45 - 9:00 am* 12:00 - 1:00 pm 1 Lane 2:00 3:00 pm 4:00 - 7:00 pm 2 Lanes 9:00 - 10:00 pm | <u>Deep Water</u> 8:00 - 9:00 pm* | | <u>School Rentals</u> 9:00 am - 12:00pm 1:00 - 2:00 pm <u>Town Lessons</u> 4:00 - 7:00 pm* | <u>Silver Sharks</u> 1 Lane 6:00 - 7:15 am* | 6:00am - 3:00 pm 4:00 - 10:00 pm |
| <u>Friday</u> <u>30th</u> | 10:00am-12:00pm* 1:00 - 8:00 pm * 8:00 - 10:00 pm | | <u>Public Swim</u> 7:30 - 10:00 am 12:00 - 1:00 pm | 5:45 - 9:00 am 12:00 - 1:00 pm 1 Lane 10:00am - 12:00pm 4:00 - 6:30 pm 2 Lanes 6:30 - 8:00 pm | <u>Aquasize</u> 9:00 - 10:00 am | | | <u>Silver Sharks</u> 2 Lanes 4:30 - 6:30 pm* | 6:00am - 10:00pm |
| <u>Saturday</u> <u>1st</u> | 1:00 - 5:00 pm | | <u>Family Swim</u> 11:30 - 1:00 pm | 11:30am - 1:00 pm | | |  | | 11:30 am - 5:00 pm |
| <u>Sunday</u> <u>2nd</u> | 3:00 - 5:00 pm | 1:00 - 3:00 pm | <u>Family Swim</u> 12:00 - 1:00 pm | 12:00 - 1:00 pm | | | | | 12:00 - 5:00 pm |

Fall Swimming Lesson Registration opens on June 3, 2017. You can register online at

<https://rec.strathmore.ca>

Weather permitting, the waterslide will be open periodically during Public Swim, Family Swim and Lane Swim. Swim diapers and plastic pool pants (Gabby's) are required for all non-toilet trained children. For questions please call the front desk at (403) 934-3325.