

\*Means the pool is shared with another activity

# Strathmore Aquatic Centre

April 16 - April 22/2018

	<b>Public Swim</b> (All Pools)	<b>Aquamotion</b>	<b>Kiddy Pool Only</b> Family / Public	<b>Lane Swim</b>	<b>Aquasize / Deep Water</b> Running	<b>Registered Programs</b>	<b>Lessons / Rentals</b>	<b>Silver Sharks / Water Polo</b>	<b>Hot Tub</b> Hours
<b>Monday</b> <b>16th</b>	2:45-4:30pm* 7:45-8:45pm (deep end of lap pool only) 8:45-10:00pm*	<b>Aquamotion</b> <b>Group 1</b> 10:00-11:00am <b>Group 2</b> 11:00am-12:00pm	<b>Public Swim</b> 7:30-10:00am 12:00-1:00pm 4:30-7:45pm	5:45-9:00am 12:00-1:00pm <b>1 Lane</b> 2:45-4:30pm <b>2 Lanes</b> 8:45-10:00pm	<b>Aquasize</b> 9:00-10:00am 7:45-8:45pm		<b>School Lessons</b> 1:20-2:40pm	<b>Sliver Sharks</b> 4:30pm-7:30pm	6:00-10:00am 12:00-1:00pm 2:45pm- 10:00pm
<b>Tuesday</b> <b>17th</b>	2:45-4:00pm* 9:00-10:00pm		<b>Public Swim</b> 7:30-9:15am 11:30am-1:00pm 4:00-9:00pm	5:45-9:15am* 11:30am-1:00pm <b>1 Lane</b> 2:45-7:00pm <b>2 Lanes</b> 9:00-10:00pm			<b>School Lessons</b> 9:20am-11:20am 1:00-2:40pm <b>Town Lessons</b> 4:00-7:00pm	<b>TCA</b> 7:15-8:15am (3 Lanes Only) <b>Water Polo</b> 7:00-9:00pm	6:00-9:15am 11:30am-1:00pm 2:45-10:00pm
<b>Wednesday</b> <b>18th</b>	3:00-4:30pm 7:45-8:45 pm* (deep end of lap pool only) 8:45-10:00pm*		<b>Public Swim</b> 7:30 - 10:00am 12:00 - 1:00pm 4:30-7:45pm	5:45-9:00am 12:00-1:00pm <b>1 lane</b> 3:00-4:30pm <b>2 Lanes</b> 8:45-10:00pm	<b>Aquasize</b> 9:00-10:00 am 7:45 - 8:45 pm*		<b>School Lessons</b> 10:00am-12:00pm 1:20-2:40pm <b>School Rental</b> 2:00-3:00pm*	<b>Silver Sharks</b> 4:30-7:30pm	6:00-10:00am 12:00-1:00pm 3:00-10:00pm
<b>Thursday</b> <b>19th</b>	1:00-2:00pm <b>Toonie Swim</b> <b>7 - 8 pm ONLY</b> 8:00-9:00pm* (shallow end of lap pool only) 9:00 - 10:00 pm*		<b>Public Swim</b> 7:30 - 10:00am 11:30am - 1:00pm 4:00-7:00pm	5:45 - 10:00 am* 11:30am - 1:00pm <b>1 Lane</b> 4:00-7:00pm <b>2 Lanes</b> 9:00 - 10:00 pm	<b>Deep Water</b> 8:00 - 9:00 pm*		<b>School Lessons</b> 9:20am-11:20am 2-2:40pm <b>School Rental</b> 2:00-3:00pm <b>Town Lessons</b> 4:00-7:00pm	<b>Silver Sharks</b> 6:00-7:15am (2 Lanes Only) <b>TCA</b> 7:15-8:15am (3 Lanes Only)	6:00am-10:00am 11:30-2:00pm 4:00-10:00pm
<b>Friday</b> <b>20th</b>	2:45-6:30pm 8:30-10:00pm		<b>Public Swim</b> 7:30-10:00am 12:00-1:00pm 6:30-8:30pm	5:45-9:00am 12:00-1:00pm <b>1 Lane</b> 2:45-6:30pm	<b>Aquasize</b> 9:00 - 10:00 am		<b>School Lessons</b> 10:00am-12:00pm 1:20-2:40pm	<b>Water Polo</b> 6:30-8:30pm	6:00am- 10:00am 12:00-1:00pm 2:45-10:00pm
<b>Saturday</b> <b>21st</b>	9:00am-12:00pm* 1:00 - 5:00 pm		<b>Family Swim</b> 7:00-9:00am 12:00 - 1:00 pm	7:00 -9:00am 12:00-1:00pm <b>1 Lane</b> 9:00am-12:00pm			<b>Town Lessons</b> 9:00am-12:00pm <b>Private Lessons</b> 9:00am-12:00pm		7:00am-5:00pm
<b>Sunday</b> <b>22nd</b>	1:00 - 5:00 pm		<b>Family Swim</b> 12:00 - 1:00 pm	12:00-1:00pm					12:00-5:00pm

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**Fall Swimming Lesson Registration opened on Sept 9,2017. You can register online at  
<https://rec.strathmore.ca>**

**Swim diapers and plastic pool pants (Gabby's) are required for all non-toilet trained children. For questions please call the  
front desk at  
(403) 934-3325.**