

*Means the pool is shared with another activity

Strathmore Aquatic Centre

January 21st - January 27th, 2019

	Public Swim All Pools	Lane Swim Lap Pool	Kiddy Pool Only	Aquasize / Deep Water Running Lap Pool	Lessons / Rentals All Pools	Silver Sharks / Water Polo Lap Pool	Registered Programs All Pools	Aqua Motion All Pools	Hot Tub/Steam Sauna
Monday 21st	3:00-4:30pm* (7:45-8:45pm deep end of the lap pool only) 8:45-10:00pm*	5:45-9:00am 12:00-1:00pm 1 Lane 3:00-4:30pm* 2 Lanes 8:45-10:00pm*	Kiddy Pool Only 7:30-10:00am 12:00-1:00pm	Aquasize 9:00-10:00am 7:45-8:45pm (No Instructor)	School Rental 1:00-3:00pm	Silver Sharks 4:30- 7:30pm		Group A 10:00-11:00am Group B 11:00am-12:00pm	6:00-10:15am 12:00-1:00pm 3:00-10:00pm
Tuesday 22nd	3:00-7:00pm* 9:00-10:00pm*	5:45-9:00am 12:00-1:00pm 1 Lane 3:00-7:00pm* 2 Lanes 9:00-10:00pm*	Kiddy Pool Only 7:30 - 9:00am 12:00-1:00pm 7:00-9:00pm		School Rental 9:00am-12:00pm 1:00-3:00pm Privates Lessons 4:00-6:40pm*	Water Polo 7:00-9:00pm			5:45-9:00am 12:00-1:00pm 3:00-10:00pm
Wednesday 23rd	3:00-4:30pm* (7:45-8:45 pm* deep end of lap pool only) 8:45-10:00pm*	5:45-9:00am* 12:00-1:00pm 1 lane 3:00-4:30pm* 2 lanes 8:45-10:00pm*	Kiddy Pool Only 7:30 - 10:00am 12:00-1:00pm 4:30-7:30pm	Aquasize 9:00-10:00 am 7:45 - 8:45 pm*	School Rental 10:00am-12:00pm 1:00-3:00pm	TCA (7:15-7:45am* 4 lanes only) Silver Sharks 4:30-7:30pm			6:00-10:15am 12:00-1:00pm 3:00-10:00pm
Thursday 24th	4:00- 7:00pm* (8:00-9:00pm* shallow end of lap pool only) 9:00 – 10:00 pm*	5:45 - 9:00 am* 12:00 - 1:00pm 1 Lane 4:00-7:00pm* 2 Lanes 9:00 - 10:00 pm*	Kiddy Pool Only 7:30 - 9:00am 12:00 – 1:00pm	Deep Water 8:00 – 9:00 pm*	School Rental 9:00am-12:00pm 1:00-3:00pm Privates Lessons 4:00-6:40pm*	Silver Sharks (6:00-7:15am* 2 lanes only) TCA (7:15-7:45am* 4 Lanes only)	Girl Guides 7:00-8:00pm		6:00 -9:00am 12:00-1:00pm 4:00-7:00pm 8:00-10:00pm
Friday 25th	3:00-4:30pm* 8:30-10:00pm	5:45-9:00am 12:00-1:00pm 1 Lane 3:00-4:30pm*	Kiddy Pool Only 7:30-10:00am 12:00-1:00pm 4:30-8:30pm	Aquasize 9:00 – 10:00 am	School Rental 10:00am-12:00pm 1:00-3:00pm	Silver Sharks 4:30-6:30pm Water Polo 6:30-8:30pm			6:00-10:15am 12:00-1:00pm 3:00-10:00pm
Saturday 26th	1:00 - 5:00 pm	12:00-1:00pm 1 Lane 9:00am-12:00pm* 2 Lanes 7:00-9:00am	Family Swim Kiddy Pool Only 7:00-9:00am 12:00 - 1:00 pm		Town Lessons 9:00am-12:00pm* Private Lessons 10:00-12:00pm*	Silver Sharks (7:00-9:00am* 4 lanes only)			7:00am-5:00pm
Sunday 27th	1:00-5:00pm	12:00-1:00pm	Family Swim Kiddy Pool Only 12:00 - 1:00 pm						12:00-5:00pm

Fall Swimming Lesson Registration is open. You can register online at

<https://rec.strathmore.ca>

2019 Registration will open early December

Swim diapers and plastic pool pants (Gabby's) are required for all non-toilet trained children. For questions please call the

front desk at

(403) 934-3325