

*Means the pool is shared with another activity

Strathmore Aquatic Centre

October 22nd - 28th, 2018

	Public Swim Entire Facility	Lane Swim Lap Pool	Kiddy Pool Only	Aquasize / Deep Water Running Lap Pool	Lessons / Rentals Entire Facility	Silver Sharks / Water Polo Lap Pool	Registered Programs Entire Facility	Aqua Motion Entire Facility	Hot Tub/Steam Sauna Hours
Monday 22nd	3:15-4:30pm* (7:45-8:45pm* deep end of lap pool only) 8:45-10:00pm*	5:45-9:00am 12:00-1:00pm 1 Lane 3:15-4:30pm* 2 Lanes 8:45-10:00pm	Public Swim Kiddy Pool 7:30-10:00am 12:00-1:00pm	Aquasize 9:00-10:00am 7:45-8:45pm*	School Lessons 1:00-2:20pm School Rental 2:20-3:15pm	Silver Sharks 4:30-7:30pm		Group A 10:00-11:00am Group B 11:00am-12:00pm	6:00-10:15am 12:00-1:00pm 3:15-10:00pm
Tuesday 23rd	9:00-10:30am* 3:15-4:00pm* 9:00-10:00pm*	5:45-9:00am 12:00-1:00pm 1 Lane 9:00-10:30am* 3:15-7:00pm* 2 Lanes 9:00-10:00pm*	Public Swim Kiddy Pool 7:30-9:00am 12:00-1:00pm		School Lessons 9:20-10:00am* 10:40-12:00pm 1:00-2:20pm School Rental 2:20-3:15pm Town Lessons 4:00-7:00pm*	Waterpolo 7:00-9:00pm			6:00am-10:30am 12:00-1:00pm 3:15-10:00pm
Wednesday 24th	3:15-4:30pm* (7:45-8:45 pm* deep end of lap pool only) 8:45-10:00pm*	5:45-9:00am 12:00-2:15pm 1 lane 3:15-4:30pm* 2 lanes 8:45-10:00pm*	Public Swim Kiddy Pool 7:30 - 10:00am 12:00 - 2:15pm 4:30-5:00pm	Aquasize 9:00-10:00 am 7:45 - 8:45 pm*	School Lessons 10:00-12:00pm School Rental 2:20-3:15pm	Silver Sharks 4:30-7:30pm			6:00-10:15am 12:00-2:15pm 3:15-10:00pm
Thursday 25th	9:00-10:30am* Toonie Swim 7 - 8 pm ONLY (8:00-9:00pm* shallow end of lap pool only) 9:00 - 10:00 pm*	5:45 - 9:00 am* 12:00 - 1:00pm 1 Lane 9:00-10:30am* 4:00-7:00pm* 2 Lanes 9:00 - 10:00 pm*	Public Swim Kiddy Pool 7:30 - 9:00am 12:00 - 1:00pm	Deep Water 8:00 - 9:00 pm*	School Lessons 9:20am-10am 10:40-12:00pm 1:00-2:20pm School Rental 2:20-3:15pm Town Lessons 4:00-7:00pm*	Silver Sharks (6:00-7:15am 2 Lanes only)*			6:00 - 10:30 am 12:00-1:00pm 4:00-10:00pm
Friday 26th	10:00am-12:00pm* 1:00-4:30pm 8:30 - 10:00 pm	5:45-9:00am 12:00-1:00pm 1 Lane 10:00am-12:00pm*	Public Swim Kiddy Pool 7:30-10:00am 12:00-1:00pm 6:30-8:30pm	Aquasize 9:00 - 10:00 am		Silver Sharks 4:30-6:30pm Waterpolo 6:30-8:30pm			6:00am-10:00pm
Saturday 27th	1:00 - 5:00 pm	12:00-1:00pm 2 Lanes 7:00-9:00am*	Family Swim Kiddy Pool 12:00 - 1:00 pm		Town Lessons 9:00am - 12:00pm* Private Lessons 10:00am-12:00pm*	Silver Sharks (7:00-9:00pm 4 Lanes only)*			7:00am-5:00pm
Sunday 28st	1:00-5:00pm	12:00-1:00pm	Family Swim Kiddy Pool 12:00 - 1:00 pm						12:00-5:00pm

Fall Swimming Lesson Registration is open. You can register online at

<https://rec.strathmore.ca>

2019 Registration will open early December

Swim diapers and plastic pool pants (Gabby's) are required for all non-toilet trained children. For questions please call the

front desk at

(403) 934-3325